/Dist	Mote :	# Next
0.0	Start of route	0.0
0.0	R on Perimeter Rd WestBound	0.5
0.5	Sharp R to Exit campus WB SLOW	0.1
0.6	EZ L on Moody Rd WB	0.3
0.9	EZ L on Moody Rd WB	2.6
3.5	L on Page Mill Rd WB	0.0
3.5	Ride Single File PLEASE!	3.9
7.4	Water Fountain on L	1.9
9.3	X Skyline Blvd to Alpine Rd WB	0.1
9.4	Restroom on R @ R.R.O.S	0.8
10.2	Summit @ 2422' Rt Hi- Point!	0.4
10.7	REST STOP @ Alpine (7-10am) > exit R SB	2.2
12.8	EZ R stay on Alpine Rd WB	1.2
14.0	Sharp Curves > SLOW!	1.6
15.6	Into Heritage Grove!	1.2
16.8	S onto Pescadero Ck Rd NB	1.1
18.0	EZ R on La Honda Rd NB @ Y	0.6
18.6	REST STOP @ La Honda (7:30-10:30am) exit R SB	0.7
19.3	L back on Pescadero Ck Rd SB Caution!	1.1
20.4	Single File on Climb Share the Love!	1.7
22.1	Summit @ 1067' Sharp Curves! >	9.3
31.3	R on North St NB	0.6
31.9	REST STOP @ Puente (8 -11am) exit R WB	0.3
32.3	R on Stage Rd NB	7.1
39.3	X La Honda Rd NB @ San Gregorio!	1.2
40.5	R on Hwy 1 NB Caution!	1.5

Dist) Apple 1	Next
42.0	R on Tunitas Ck Rd EB	1.0
43.0	REST STOP @ Bike Hut (9-Noon) > exit L NB	2.8
45.8	100 m's rejoin - begin climb!	5.6
51.4	Summit @ 2080'	0.1
51.4	REST STOP @ Skyline (10am-2pm) > exit EB	0.0
51.5	X Skyline to Kings Mtn Rd EB Caution!	5.0
56.5	L on Woodside Rd EB	0.7
57.2	S @ Roberts Mkt EB	0.2
57.4	R on Whiskey Hill Rd SB	1.4
58.8	EZ R onto Sand Hill Rd SB @ Y	0.8
59.6	S on Portola Rd SB	2.6
62.2	R on Willowbrook Dr SB	0.1
62.3	R into The Sequoias WB	0.0
62.3	REST STOP @ Sequoias (8am-3pm) > exit out	0.1
62.4	R on Willowbrook Dr SB	8.0
63.1	L on Alpine Rd EB	0.9
64.1	STOP! on Alpine Rd EB @ Portola Rd Jct	1.1
65.2	R on Arastradero Rd EB	2.0
67.2	R on Page Mill Rd SB	1.9
69.1	L on Altamont Rd EB	0.1
69.2	Summit @ 781ft Caution!	2.1
71.3	S on Moody Rd EB	0.3
71.6	EZ R into Foothill Campus EB	0.1
71.7	R on Perimeter Rd EB	0.1
71.8	S @ Circle-Fountain NB	0.1
71.9	R on access Rd EB	0.1
72.0	L @ Flags NB	0.0
72.0	FINISH LINE!!	0.0
72.0	End of route	0.0

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