

**Sequoia Century 2009**

Western Wheelers Bicycle Club

www.westernwheelers.org

**200-km Map and Elevation Profile**

rev. 5.20

Follow the PINK arrows.

Ride headquarters phone numbers: (650) 464-7338 or (408) 257-4140.

Do not start before 6:00 a.m. or rest stops may not be open. The VA closes at 6:00 p.m.

Riders are required to wear ASTM, CPSC, ANSI, OR SNELL approved helmets. NO HELMET, NO RIDE!

Bicycle inspection is available on a voluntary basis.

Riders should carry a spare tube, pump, tools, water bottle, phone money, and medical identification.

Riders under 18 years old must have a parent or guardian present during registration to sign a medical authorization form and release agreement. Children under 14 years old must ride with an adult.

The Sequoia Century is a tour, not a race. Please be courteous to other cyclists and motorists.

RIDERS MUST OBEY THE CALIFORNIA VEHICLE CODE. Those who don't may be cited and removed from the ride. Riders must wear rider tags for SAG control, law enforcement, and safety.



**CUT-OFF TIME:** If you leave La Honda after 2:00 p.m., skip this loop between San Gregorio and Pescadero so you can finish before the course closes.

