General Information

SEQUOIA CENTURY SUNDAY, JUNE 6, 1982 Gunn High School, Palo Alto, California

Western Wheelers Bicycle Club and the City of Palo Alto invite you and your friends to the ninth annual SEQUOIA CENTURY. The Sequoia Century is designed to accommodate all ability levels by offering four loops, each scenic, each a different challenge. This is a tour, not a race.

REGISTRATION

Begins at 5:30 am

STARTING TIMES

200 km & 100 mi 6:00 to 8:00 am 100 km (62 miles) 6:00 to 9:00 am 25 miles 7:00 to 10:00 am

COURSE CLOSES 8

8:00 pm

Before May 30 \$7.00 for 100 km, 100 mi, 200 km \$4.00 for 25 mi \$17.00 for Family, all rides After May 30 \$10.00 for 100 km, 100 mi, 200 km \$5.00 for 25 mi No family discount

The fee covers the cost of the famous Western Wheelers Gourmet lunch (see back side), sag support and a detailed route sheet. A new Sequoia Century patch will be distributed.

ROUTES

The 25 mile loop goes through scenic parts of Palo Alto and its adjoining cities. This is an easy ride over flat terrian.

The moderate 100 kilometer (62 mile) route takes you through Silicon Valley — the heart of the country's electronics industry — to lunch at Stevens Creek Park. The loop includes rolling hills and short climbs.

The 100 mile route follows the 100 kilometer route, then climbs through the Redwoods to Skyline Blvd. where you will enjoy spectacular views of the Pacific Ocean and San Francisco Bay. The return loop includes the beautiful and historical roads of West San Mateo.

The 200 kilometer (124 mile) route will be a challenge to the serious bicyclist. The route closely follows the 100 mile route, then continues north over several strenuous ascents. The return loop is by way of picturesque Portola Valley.

Pick a route and ride the Sequoia Century.

Tour Rules

- All bicycles will be safety inspected.
 Riders must obey all California Vehicle Code laws.
- Riders should carry a spare tube, tools, tire pump, water bottle and phone money.
- 4. Riders are encouraged to wear HELMETS.
- Riders must notify Western Wheelers
 Headquarters if they abandon the ride. Phornumber on route sheet.
- 6. Riders under 18 must have their Entry Form/Release signed by a parent or legal
- In the event of rain, the ride will NOT be cancelled.

Location

All rides start and finish at Gunn High School, 780 Arastradero Road, Palo Alto. From Highway 101, take the Oregon Expressway west. Turn left on the Foothill Expressway and left again on Arastradero Road. From Interstate 280, take Page Mill Road toward Palo Alto. Turn right on the Foothill Expressway, then left on Arastradero Road.

Le Menu (1981)

-Fruits-

Bananes (Bananas) 0-tanges Fraises (Strawberries) (Cantalopes) Melons

-Viandes (Meats)-

Dándes (Turkey)

-Fromage (Cheese)-

Jambon (Ham)

Cheddan

Gruyère (Swiss)

-Pains (Breads)-

(Whole grain) Biscuits (Cookies)

Pain de Mais

Gateaux Danois (Danish Pastry)

-Légumes (Vegetables)-

Céleri Carottes (Celery) (Carrots) Pousse d'Alfafa (Alfalfa Sprouts)

(Lettuce)

(Radishes)

-Boissons (Drinks)-

Citronnade (Lemonade)

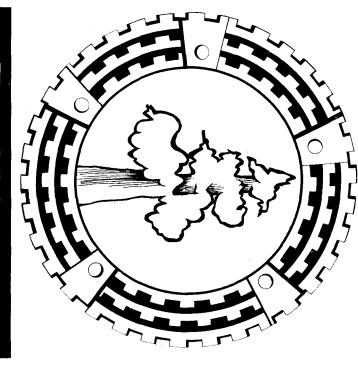
(Water)

-Spécialités Américaines-

Beurre de cacahuètes/confitures (Peanut butten/jelly) Le GORP

Western Wheelers Bicycle Club and the City of Palo Alto present the

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A day of bicycle tours June 6, 1982