

# 2005 Sequoia Century Moderate 100-km Route

## Western Wheelers Bicycle Club

[www.westernwheelers.org](http://www.westernwheelers.org)

- ✓ Ride headquarters phone number: 408-472-4935.
- ✓ Do not start prior to 7 AM as rest stops may not be open. VA closes at 6 PM.
- ✓ RIDERS ARE REQUIRED TO WEAR ASTM, CPSC, ANSI OR SNELL APPROVED HELMETS... NO HELMET-NO RIDE!
- ✓ Bicycle inspection available on a voluntary basis.
- ✓ Riders should carry a spare tube, pump, tools, water bottle, phone money, and medical identification.
- ✓ Riders under 18 years of age must have a parent or guardian present during registration in order for them to sign a medical authorization form and release agreement. Children under 14 years old must ride with an adult.
- ✓ The Sequoia Century is a tour, not a race. Please be courteous to other cyclists and motorists.
- ✓ RIDERS MUST OBEY ALL CALIFORNIA VEHICLE CODE LAWS. THOSE WHO DON'T MAY BE CITED AND/OR REMOVED FROM THE RIDE. Participants will be required to wear rider tags for SAG control, law enforcement, and safety.

