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> Western Wheelers Bicycle Club, Inc. P.O. Box 518 • Palo Alto • CA • 94302



1993 - SEQUOIA

### SEQUOIA CENTURY Sunday June 6, 1993

The tours begin at Foothill College in Los Altos Hills, on El Monte Road at Interstate 280. Foothill has easy access and ample parking. Lockers and shower facilities will be available all day. Bring your towel and lock.

Parking directions will be given as you arrive. The Foothil College parking fee is \$1.00 (bring quarters). Prior to checking in, go to the bike inspection area located near the stadium.



**Tour Support** provided to all participants includes a detailed route sheet, road direction arrows, rider tags, radio dispatched SAG support, and a '93 patch.

This year's menu. Start the ride with a bagel and a CytoBar. Rest stops offer Cytomax, a variety of muffins, and lots of fresh fruit. Lunch is a spread of hearty salads, and large gourmet cookies. Minestrone soup, garlic bread and Haagen Dazs await you at the end of the ride.

**Suppliers** include: CytoBar, Cytomax, Good Earth, Haagen Dazs, Le Boulanger, Posh Bagel, Powers Gourmet to Go and Prolific Oven

Deadline for applications: May 21, 1993 or 1800 riders - whichever comes first.

Ride takes place rain or shine - No refunds Same day registration - \$35 - if space available For further Info call (415) 737-1277

# SEQUOIA CENTURY

Sunday June 6

## **TOUR ROUTES**

Our three longer rides will travel to the coast and back. All rides are **very hilly** and **strenuous**. Be in shape for lengthy climbs, and be cautious while you enjoy the long descents. All riders should be prepared for sudden weather changes and carry warm clothing.

#### 200K - Registration open 6:00-7:30 am

Three demanding climbs punctuate this 200k tour. Our route to the ocean is through Big Basin and Bonny Doon. After lunch climb Tunitas Creek and Skyline to enjoy panoramic views of the Penninsula and the San Francisco Bay. Over 11500 vertical feet makes this a challenging century.

#### 100M - Registration open 6:00-7:30 am

Follow the 200K to Saratoga Gap and up Jamison Creek. Ride north on Hwy 1 and head inland for a well deserved lunch at Butano. The final ascent to Skyline is through the shaded redwoods of Memorial and Sam McDonald Parks. Total elevation gain is 8200 feet.

#### 100K - Registration open 7:30-9:00 am

This 100K route to the coast is through La Honda. Enjoy lunch on the beach and be prepared for the demanding ascent of Tunitas Creek. Return via Skylonda and the Portola Valley loop. This tour boasts 5200 vertical feet.

#### 70K - Registration open 9:00 -10:00 am

The 70K is designed for those new to century riding. Ride through the SF Watershed to lunch at Crystal Springs Reservoir. Our route passes the Filoli Estate and returns to Foothill through the communities of Portola Valley and Los Altos Hills. Variety makes this route both interesting and challenging. Be prepared for a 2000 ft. elevation gain.



The official Drink & Energy Bar of the 1993 Sequoia

### **TOUR RULES**

- ALL RIDERS ARE REQUIRED TO WEAR ANSI OR SNELL APPROVED HELMETS..... NO HELMET - NO RIDE!
- Bicycle inspection is available on a voluntary basis.
- Riders should carry a spare tube, pump, tools, water bottle, phone money, and medical identification.
- Riders under 18 years of age must have a parent or guardian present during registration in order for them to sign a medical authorization form and release agreement. Children under 14 years must ride with an adult.
- Any rider who abandons the ride must notify ride headquarters at Foothill College. Phone numbers will be on route sheets.
- The Sequoia Century is a tour, not a race. Please be courteous to other cyclists and motorists.
- Riders must obey all California Vehicle Code Laws. Those who don't may be cited and/or removed from the ride. Participants will be required to wear rider tags for SAG control, law enforcement, and safety.
- During registration, each rider will be required to sign a Release Agreement with Western Wheelers and sign a California Vehicle Code Safety Agreement.

### •• SPECIAL OFFER •• 1993 Sequoia Century 100% Coolmax Cycling Jersey

This 3-pocket jersey is white with the 1993 Sequoia Century logo sublimated on the back and front. It is available in the following sizes: SM, Med, Lg, and XLg.

Your price for the jersey is \$24.95 if you order it at the same time you send in your entry form for the Sequoia Century. Order early to assure jerseys are available in your size. Any remaining stock will be sold the day of the Century for \$30.00.

Pick up your jersey(s) at registration
Jerseys will NOT be mailed after the tour unless arrangements are made.