

Burgess Park 50K

Turn	At	Miles To Next	Miles So Far	Ft Climb To Next	Ft Climb So Far	Notes
	Burgess Park	0.0	0.0	0	0	Water, restroom at Burgess Park.
R	Burgess Dr	0.1	0.0	0	0	
L	Alma St @ T	0.4	0.1	10	0	
S	Bike Path to Palo Alto	0.1	0.5	0	10	Bike bridge over San Francisquito Creek and past El Palo Alto redwood.
L	Palo Alto Ave	0.7	0.6	0	10	Bear left at Bryant and again at Poe.
zig L	Middlefield Rd	0.0	1.3	0	10	Very short zig left to continue on Woodland Ave.
R	Woodland Ave	0.7	1.3	0	10	Follow San Francisquito Creek.
R	Woodland Ave	1.1	2.0	0	10	Do not go straight onto Menalto Ave. Eventually cross University Ave.
R	Newell Rd	1.2	3.1	0	10	Cross creek on narrow bridge. Eventually cross Embarcadero Rd.
L	N California Ave @ T	0.3	4.3	0	10	
R	Louis Rd	2.0	4.6	10	10	Cross Oregon Expressway.
R	E Charleston Rd	2.0	6.6	80	20	Cross Alma St. and El Camino Real. Becomes Arastradero Rd.
L	Bike Path to Los Altos	0.5	8.6	0	100	After Terman M.S., before Gunn H.S., by Alta Mesa Cemetery.
R	Los Altos Ave @ T	1.4	9.1	100	100	
R	W Edith Ave	0.2	10.5	0	200	Cross Foothill Expressway.
L	Fremont Rd @ T	0.4	10.7	30	200	
R	Burke Rd	0.3	11.1	30	230	
R	Chapin Rd	0.2	11.4	20	260	
S	Robleda Rd	0.7	11.6	120	280	
R	Purissima Rd	1.8	12.3	40	400	
L	Arastradero Rd @ T	0.6	14.1	120	440	
L	Page Mill Rd	0.2	14.7	10	560	
R	Arastradero Rd	2.0	14.9	230	570	Water, restroom at Arastradero OSP.
L	Alpine Rd @ T	2.0	16.9	290	800	Water in Triangle Park at corner of Portola Rd.
R	Willowbrook Dr	0.8	18.9	10	1,090	
L	Portola Rd @ T	2.7	19.7	0	1,100	
S	Sand Hill Rd	0.8	22.4	40	1,100	
L	Whiskey Hill Rd	1.4	23.2	120	1,140	
R	CA84 (Woodside Rd) @ T	1.7	24.6	0	1,260	
R	Alameda de las Pulgas	1.7	26.3	40	1,260	
L	Valparaiso Ave	2.0	28.0	0	1,300	Cross El Camino Real onto Glenwood Ave.
R	Laurel St	0.7	30.0	0	1,300	Laurel St. is 2nd right after crossing train tracks.
R	Burgess Dr	0.1	30.7	0	1,300	
R	Burgess Park	0.0	30.8	0	1,300	Water, restroom at Burgess Park.

R=Right, L=Left, U=U-turn, S=Straight, X=Cross

SRP 31-May-2009